



The Practical Psychic Self Defense Handbook: A Survival Guide

By Robert Bruce

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Is everything that goes on in your mind really you? Perhaps not, says Australian psychic researcher Robert Bruce. Drawing on more than two decades of firsthand research and experience, Bruce reports that our minds are subject to influences from many unseen spiritual sources. Some of these can influence how we think, feel, act, and even how our bodies function. They can make us unhappy, irritable, confused, sick, unstable, even crazy. This is why we need practical tools and countermeasures for psychic self-defense, all of which Bruce provides.

This is the ultimate guide to combating the influences of earthbound spirits, deranged ghosts, astral snakes and spiders, demonic spirits, and poltergeists. This is a highly anecdotal and comprehensive practical guide to the dark side of the psychic universe.

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Editorial Review

About the Author

Robert Bruce is a psychic researcher. Author website: www.astraldynamics.com

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The book untitled The Practical Psychic Self Defense Handbook: A Survival Guide contain a lot of information on that. The writer explains her idea with easy approach. The language is very clear to see all the people, so do not necessarily worry, you can easy to read the idea. The book was authored by famous author. The author provides you in the new era of literary works. You can actually read this book because you can read on your smart phone, or program, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site as well as order it. Have a nice examine.

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