

# Play Therapy with Kids and Canines: Benefits for Children's Developmental and Psychosocial Health

By Rise Vanfleet



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This book provides instruction on obtaining and training appropriate pets as therapy animals; integrating animal-assisted therapy and play therapy; and the use of canine cotherapists in such areas as reducing anxiety, dealing with grief and loss, building confidence and competence, and achieving weight loss. The author also demonstrates the use of animal-assisted therapy in the treatment of abused and traumatized children, ADHD children, and children with speech and language difficulties.



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