



ABC of Diabetes

By Tim Holt, Sudhesh Kumar

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The *ABC of Diabetes* provides a complete overview of diabetes including the aetiology, diagnosis and management of Types 1 and 2 diabetes, detection and prevention, and the organization of care and support.

With new chapters on psychological aspects, surveillance for complications, and support for people living with diabetes, this completely revised edition covers the many changes taking place in diabetes care, particularly in screening for Type 2 diabetes; in monitoring and insulin administration; in the organisation and delivery of care; and the increasing prevalence of diabetes in both developed and developing countries.

This sixth edition covers the early recognition of diabetes and cardiovascular risk as well as preventing complications specific to diabetes. It also addresses the need to deliver diabetes care in a multidisciplinary setting, including the UK Quality and Outcomes Framework, and reflects the increasing emphasis on self-management and patient-centred care, particularly as it relates to lifestyle changes, glycaemic control and patient choice over treatment options.

Drawing on the expertise of the University of Warwick as a centre of excellence for the teaching of diabetes care, the best selling *ABC of Diabetes* is ideal for GPs, primary care practitioners, practice nurses, diabetes specialist nurses, health visitors and junior doctors.

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Editorial Review

Review

"The 6th edition of *ABC of Diabetes* has been well written and is an attractively presented and up-to-date book that fills an important niche in the reference market for primary care practitioners, specialist nurses, medical students and junior hospital doctors."

Diabetes Digest, Volume 9 No 3 2010

About the Author

Tim A Holt MRCP, FRCGP is Clinical Lecturer at the Health Sciences Research Institute at the University of Warwick and a practising GP. His special interest is research into blood glucose monitoring and in the prevention of diabetes and its associated cardiovascular complications.

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