



Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine

By Deepak Chopra

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THE LANDMARK BESTSELLER—NOW COMPLETELY REVISED AND UPDATED

More than twenty-five years ago, *Quantum Healing* helped transform Deepak Chopra into a cultural phenomenon. Now Dr. Chopra, hailed by *Time* as “the poet-prophet of alternative medicine,” returns to this groundbreaking work, adding the latest scientific research as well as expanded thoughts on the connection between body and mind.

Inspired by the unexplained recovery of patients in his own practice who had been given just a few months to live, Dr. Chopra began his search for answers. After returning to his native India to explore humanity’s most ancient healing tradition, Ayurveda, he combined those insights with Western medicine, neuroscience, and physics. What he discovered—a “network of intelligence” in the human body with the potential to defeat cancer, heart disease, even aging itself—forms the basis of *Quantum Healing*. In this new edition, Dr. Chopra once again offers a fascinating intellectual journey and a deeply moving chronicle of hope and healing.

Praise for *Quantum Healing*

“*Quantum Healing* didn’t set out to cure cancer or Alzheimer’s or any other intractable disease. It set out to see the human body, and human existence in general, through wiser eyes. As a scientist I’m passionate about genes and the brain; as a person I’m totally fascinated by the origins of consciousness. *Quantum Healing* galvanized my intuition that these areas do not have to be separated.”—**Dr. Rudolph Tanzi, from the new foreword**

“Deepak Chopra illuminates our true innate capacity for healing, growth, and evolution. With the wisdom of an experienced doctor, girded by science, he guides us to reclaim our natural power towards thriving. Chopra’s work is paradigm-changing for medicine and helpful beyond measure for every human

being seeking to evolve, flourish, and know our true nature.”—**Lisa Miller, Ph.D., author of *The Spiritual Child* and director of clinical psychology, Teachers College, Columbia University**

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Editorial Review

Amazon.com Review

Early on in *Quantum Healing*, Deepak Chopra asks an interesting question: Why, when your body mends a broken arm, is it not considered a miracle, but when your body rids itself of cancer, it is? Chopra believes the two phenomena spring from the same well, that the body is capable of doing much more than we assume it can. He calls this ability to cure disease from within "quantum healing," and shows how we're all capable of it. He believes intelligence exists everywhere in our bodies, in each of our 50 trillion cells, and that therefore each cell knows how to heal itself. It's a fascinating assertion, one that remains unprovable by science but overwhelmingly true by anecdote.

Review

"*Quantum Healing* didn't set out to cure cancer or Alzheimer's or any other intractable disease. It set out to see the human body, and human existence in general, through wiser eyes. As a scientist I'm passionate about genes and the brain; as a person I'm totally fascinated by the origins of consciousness. *Quantum Healing* galvanized my intuition that these areas do not have to be separated."—**Dr. Rudolph Tanzi, from the new foreword**

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From the Publisher

"Here is an extraordinary new approach to healing by an extraordinary physician-writer -- a book filled with the mystery, wonder, and hope of people who have experienced seemingly miraculous recoveries from cancer and other serious illnesses.

Dr.. Deepak Chopra, a respected New England endocrinologist, began his search for answers when he saw patients in his own practice who completely recovered after being given only a few months to live. In the mid-1980's he returned to his native India to explore Aruyveda, humanities most ancient healing tradition. Now he has brought together the current research of Wetern medicine, neuroscience, and physics with the insights of Ayurvedic theory to show that the human body is controlled by a "network of intelligence" grounded in quantum reality. Not a superficial psychological state, this intelligence lies deep enough to change the basic pattenrs that design our physiology -- with the potential to defeat cancer, heart disease, and even aging itself. in this inspiring and pioneering work, Dr. Chopra offers us both a fascinating intellectual journey and a deeply moving chronicle of hope and healing.

Users Review

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Melvin Paul:

Here thing why this particular Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine are different and dependable to be yours. First of all examining a book is good

however it depends in the content from it which is the content is as delightful as food or not. Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine giving you information deeper and different ways, you can find any guide out there but there is no publication that similar with Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine. It gives you thrill examining journey, its open up your personal eyes about the thing that happened in the world which is maybe can be happened around you. It is easy to bring everywhere like in recreation area, café, or even in your technique home by train. In case you are having difficulties in bringing the published book maybe the form of Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine in e-book can be your alternate.

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Glory Ruiz:

Playing with family in a very park, coming to see the ocean world or hanging out with good friends is thing that usually you might have done when you have spare time, in that case why you don't try thing that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine, you can enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh seriously its mind hangout folks. What? Still don't have it, oh come on its called reading friends.

Kyle Cook:

Your reading sixth sense will not betray you, why because this Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine book written by well-known writer who knows well how to make book which might be understand by anyone who else read the book. Written throughout good manner for you, still dripping wet every ideas and publishing skill only for eliminate your current hunger then you still skepticism Quantum Healing (Revised and Updated): Exploring the Frontiers of Mind/Body Medicine as good book but not only by the cover but also with the content. This is one book that can break don't determine book by its include, so do you still needing another sixth sense to pick this particular!/? Oh come on your examining sixth sense already said so why you have to listening to an additional sixth sense.

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