

Empty

By K. M. Walton



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A girl tumbles into a downward spiral when a romantic encounter turns violent in this heartwrenching novel from the author of *Cracked*.

Dell is used to disappointment. Ever since her dad left, it's been one letdown after another. But no one—not even her best friend—understands all the pain she's going through. So Dell hides behind self-deprecating jokes and forced smiles.

Then the one person she trusts betrays her. Dell is beyond devastated. Without anyone to turn to for comfort, her depression and self-loathing spin out of control. But just how far will she go to make all of heartbreak and the name-calling stop?



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Empty By K. M. Walton Bibliography

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• Number of items: 1

• Dimensions: 8.25" h x 1.00" w x 5.50" l, .75 pounds

• Binding: Hardcover

• 256 pages



Editorial Review

From School Library Journal

Gr 9 Up-Seventeen-year-old Dell is overweight, and she eats to deal with a series of letdowns, beginning when her father left the family. No one understands the pain she harbors, not even her best friend. She hides behind her weight and self-deprecating jokes. Her classmates even get her to participate in sumo poses and to moo for them on demand. The bullying turns vicious at a party; she drinks too much and is raped by one of the bullies, on whom she happens to have had a crush. She has no one to turn to, and rumors start that she attacked him. Dell's life is starting to get even more hellish and she is running on empty. Dell is a well-drawn character, and her loneliness and hurt are palpable. Teens will be sucked into her downward spiral and will start to wonder if her situation is ever going to get better. Empty will hit home hard with teens who have been or are being tormented and should shed some light on how painful and destructive bullying is to its victims.-Shannon Seglin, formerly at Patrick Henry Library, Vienna, $VA\alpha(c)$ Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

From **Booklist**

Dell's weight has ballooned since her father abandoned the family. Now, as she tops the scales at 286 pounds, food has become her antidote to the emptiness that sucks at her. To add to Dell's grief, her devastated mother is addicted to pills, and Dell's longtime best friend, Cara, longs for acceptance into the thin, beautiful, popular crowd, who target Dell with increasingly vicious abuse. Feeling invisible and alone, Dell makes a choice that will end the abuse forever. Like Walton's debut novel, Cracked (2012), this novel wades fearlessly into the desperate inner lives of abused teens. Although the alienation experienced by overweight teenagers has been the topic of many young adult novels—K. L. Going's Fat Kid Rules the World (2003), Catherine Ryan Hyde's Diary of a Witness (2009), and Erin Jade Lange's Butter (2012), among many others—Walker zeros in on every fluctuation of Dell's emotional ride. Readers will feel Dell's pain acutely in this emotionally wrenching novel, which deals with serious issues such as rape, drug use, and suicide. Grades 9-12. --Diane Colson

Review

"Bullying has become a hot topic in YA lit, and Walton offers a sensitive portrayal. Recommend to parents as well as their teens for facilitating self-examination and open lines of communication." (? Bulletin of the Center for Children's Books)

"Empty will hit home hard with teens who have been or are being tormented and should shed some light on how painful and destructive bullying is to its victims." (SLJ)

Users Review

From reader reviews:

Nathan Kelly:

Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite e-book and reading a e-book. Beside you can solve your short lived problem; you can add your knowledge by the e-book entitled Empty. Try to make book Empty as your good friend. It means that it can for being your friend when you sense alone and beside that of course make you smarter than ever before. Yeah, it is very fortuned for yourself. The book makes you far more confidence because

you can know anything by the book. So, let us make new experience and knowledge with this book.

Carmen Flood:

The knowledge that you get from Empty could be the more deep you looking the information that hide inside words the more you get thinking about reading it. It does not mean that this book is hard to understand but Empty giving you joy feeling of reading. The writer conveys their point in particular way that can be understood through anyone who read that because the author of this reserve is well-known enough. This kind of book also makes your personal vocabulary increase well. So it is easy to understand then can go to you, both in printed or e-book style are available. We propose you for having this Empty instantly.

Louise Guest:

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Jenny Perez:

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