



Japanese Classical Acupuncture: Introduction to Meridian Therapy

By Shudo Denmei

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Meridian therapy is a school of Japanese acupuncture which is distinguished by its emphasis on the classics, its utilization of the five-phase points in treating the root of disease, and the importance which it attaches to palpatory skills in diagnosis and point location. Japanese Classical Acupuncture: Introduction to Meridian Therapy is noted for the clarity and simplicity of its style, and is the most highly regarded introduction to this subject in Japan. The theoretical and historical basis, diagnostic framework and treatment strategies of meridian therapy are discussed in detail. The author provides a stepbystep introduction to pulse and abdominal diagnosis, and explains how to incorporate the concepts and techniques of meridian therapy into other styles of acupuncture. The text is interwoven with case histories and anecdotes from the author's lengthy practice. Extensively edited in collaboration with the author to fit the needs of Western acupuncturists, this book opens the door to Japanese classical acupuncture for Western practitioners.

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Editorial Review

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About the Author

Shudo Denmei was born in Ohita, Japan in 1932. As a child he contracted pulmonary tuberculosis, but recovered through acupuncture and moxibustion treatments. He subsequently apprenticed to Miura Nagahiko (the acupuncturist who saved his life) and was trained in the Sawada style of acupuncture. He opened his own practice in 1959. Mr. Shudo began studying and applying the concepts of meridian therapy in his practice in 1968, and is now one of the leading instructors of the Japan Meridian Therapy Association, and a permanent member of its board. He is also president of the Traditional Japanese Acupuncture Society. His first book, Japanese Classical Acupuncture: Introduction to Meridian Therapy, has become a best seller in Japan and abroad. In 2010, Dr. Shudo was awarded the Order of the Rising Sun, Gold and Silver Rays, by the Emperor of Japan. This award is presented to a select group of people who have distinguished themselves in service to their country and community.

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