

Jessica Ennis: Unbelievable: From my Childhood Dreams to Winning Olympic Gold

By Jessica Ennis



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On 4 August 2012 Jessica Ennis kicked off what some described as the greatest night in British sporting history. For her it was the end of a long, winding, and sometimes harrowing road.

Hers is an inspiring tale of following your dreams no matter what life throws at you.

Unbelievable is a refreshingly candid account of her rise to fame in a highly charged world in which body image issues and drug abuses lurk. From the unique pressures facing her, to behind-the-scenes glimpses into the greatest show on earth, and a revealing account of her love-hate relationship with her long-term coach, Jessica reveals the truth behind the smiles for the first time. *Unbelievable* includes exclusive behind-the-scenes photos.

This is the story of how the girl next door became London's poster girl, and how an ordinary woman used an extraordinary talent to claim the title of the world's greatest all-round female sports star.



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Editorial Review

Review

A heart-warming yet candid read from our favourite girl next door... Will make you fall in love with our Jess all over again.? Sun

It was the simple phrase 'So I run and I run and I win. I am the Olympic champion' that made tears prick my eyes.? *Daily Telegraph*

A powerful tale... If you're trying to impress upon an errant teen the virtues of dedication and discipline, you'll find what you need here.? *The Sunday Times*

About the Author

Jessica Ennis was born in Sheffield in 1986. Her greatest achievement to date has been winning heptathlon gold at the 2012 London Olympic Games. Jessica was appointed MBE in the Queen's Birthday Honours list in 2011 and lives in Sheffield.

Users Review

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