



The Worrier's Guide to Life

By Gemma Correll

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If you're floundering in life, striking out in love, struggling to pay the rent, and worried about it all -- you're in luck! World Champion Worrier and Expert Insomniac Gemma Correll is here to assure you that it could be much, much worse.

In her hugely popular comic drawings, Gemma Correll dispenses dubious advice and unreliable information on life as she sees it, including The Dystopian Zodiac, Reward Stickers for Grown-Ups, Palm Reading for Millennials, and a Map of the Introvert's Heart. For all you fellow agonizers, fretters, and nervous wrecks, this book is for you. Read it and weep...with laughter

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The Worrier's Guide to Life By Gemma Correll Bibliography

- Sales Rank: #276804 in Books
- Published on: 2015-05-26
- Released on: 2015-05-26
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .40" w x 6.50" l, .0 pounds
- Binding: Paperback
- 112 pages

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Editorial Review

Review

"Feeling anxious? A bit panicky? Fear not — cartoonist and self-proclaimed World Champion Overthinker Gemma Correll is here to help you laugh about it." (National Public Radio)

"A brief, fun tour of a talented artist's enjoyable works, perfect for a coffee table or gift for the millennial in your life." (The A.V. Club)

"These comics are the perfect antidote for twentysomethings who take themselves too seriously." (Sarah Hunter, Booklist)

#4 of the "20 Female Instagram Artists You Should Follow Immediately" (Madeline Buxton, Refinery29)

"Dealing with a mental health condition is no laughing matter. But British illustrator Gemma Correll is channeling her depression and anxiety into her art—and the results are hilarious." (Elyse Wanshel, The Huffington Post)

About the Author

Gemma Correll is a young English illustrator, cartoonist, and generally quite small person. She and her trusty pug sidekicks, Bella and Mr. Norman Pickles, will soon be leaving the land of their births for a new life in the very large country of America. Wish them luck!

Users Review

From reader reviews:

Frances Carpenter:

Do you have favorite book? In case you have, what is your favorite's book? Publication is very important thing for us to learn everything in the world. Each book has different aim or maybe goal; it means that reserve has different type. Some people truly feel enjoy to spend their time and energy to read a book. They can be reading whatever they consider because their hobby is definitely reading a book. What about the person who don't like examining a book? Sometime, man or woman feel need book when they found difficult problem or perhaps exercise. Well, probably you'll have this The Worrier's Guide to Life.

Patricia Henderson:

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