



Sleep Talkin' Man

By Karen Slavick-Lennard

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“Talking in your sleep was never so funny. . . . [Adam Lennard’s] nighttime alter-ego is rude and crude and certainly sounds insane.”— ABC News (online) on the Sleep Talkin’ Man blog

Karen Slavick met Adam Lennard in 1991 on a Kibbutz in Israel, where he declared his love for her by passing out in her bed while he waited for her to return from a midnight swim. Understandably, she never forgot him. Over a decade later, they rekindled their romance and married—but then he fell asleep again, and all hell broke loose. Though he’s a romantic and mild-mannered Englishman by day, Adam quickly morphs into the uproariously foul-mouthed, vegetarian-hating, wildlife-obsessed character beloved by millions as Sleep Talkin’ Man. And Karen has the audio tapes to prove it. *Sleep Talkin’ Man* collects the best of his questionable wisdom along with tales from blog readers, and stories of how love can bloom—even when your beloved is a nocturnal maniac. By turns crude and charming, *Sleep Talkin’ Man* is a hilariously candid journey into one man’s dreamland.

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