

# Empowerment Series: The Skills of Helping Individuals, Families, Groups, and Communities (Cengage Learning Empowerment Series)

By Lawrence Shulman



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Shulman's text introduces a model for the helping process based on an "interactional" approach, which uses a variety of theories and skills to build on the client-helper relationship. By presenting the core processes and skills in the chapters on work with individuals, Shulman shows how common elements exist across stages of helping and across different populations. These processes and skills reappear in the discussions of group, family, and community work.



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#### **Editorial Review**

#### About the Author

Lawrence Shulman is a professor, as well as a former dean, in the School of Social Work at the State University of New York, Buffalo campus. A social work practitioner educator for more than 40 years, he has done extensive research on the core helping skills in social work practice, supervision, and child welfare and school violence. Dr. Shulman has published numerous articles and monographs on direct practice and is the author or coeditor of nine books. He also was the coeditor of the JOURNAL OF CLINICAL SUPERVISION and serves on five other editorial boards. In addition, Dr. Shulman is the cofounder and cochair of the International and Interdisciplinary Conference on Clinical Supervision sponsored by the National Institutes of Health and the Haworth Press. Recognized for his dedication to excellence in scholarship and research, pedagogy and curriculum development, and organizational leadership, Dr. Shulman is a recipient of the 2014 Significant Lifetime Achievement in Social Work Education Award, awarded by the Council of Social Work Education.

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