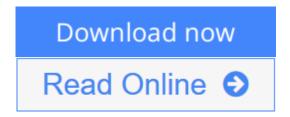


## The Miracle Berry Diet Cookbook

By Homaro Cantu



The Miracle Berry Diet Cookbook By Homaro Cantu

Former host of Discovery Channel's *Future Foods* and celebrity chef/owner of the restaurant Moto revolutionizes the future of how we eat by using the miracle berry—an all-natural berry that changes the way people taste acidic or bitter foods.

## EXPERIENCE THE FOOD REVOLUTION!

What if you could eliminate the sugar from your favorite comfort foods without sacrificing the flavors you love? What if you could alter the taste of your meals so that even the most wholesome dish was as good as dessert? What if the simple solution to years of frustrating health and dieting woes was a small, mild-tasting fruit?

## WHAT IF THIS COOKBOOK COULD CHANGE YOUR LIFE?

One of the most innovative chefs of our time, Homaro Cantu unveils the amazing properties of the miracle berry and shares more than 150 carefully tested, scrumptious, and easy-to-follow recipes that can completely transform your diet.

### HOW DOES IT WORK?

The miracle berry temporarily blocks your ability to taste sour flavors and makes even the most bitter of foods mouthwateringly delicious. When used correctly, this extraordinary fruit allows you to replace the sugar and artificial sweeteners in your favorite recipes with low-glycemic foods such as lemons, limes, vinegar, and sour cream. The miracle berry can make anyone's life just a little bit sweeter.

The Miracle Berry Diet Cookbook will answer all of your questions, from how this tiny fruit works, to where to get it, and even how to grow it yourself. You'll also learn how to mix "flavor-tripping" cocktails for your friends!

The future of food is here! You may never look at another cookbook again!

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TRANSFORM SOUR FOODS INTO EXTRAORDINARY SWEET-TASTING

## TREATS!

The miracle berry will alter your taste buds and add new depth to bitter, salty, and spicy flavors. It especially turns sour flavors into sweet ones, eliminating the need for adding refined sugar or artificial sweeteners to your foods and beverages. You can lose weight, lower blood sugar levels, and eat healthier with the miracle berry!

Here is just a brief list of how the miracle berry can trick your taste buds:

- Lemons will taste like lemonade. (Add lemon juice to your coffee instead of sugar!)
- Limes will be as sweet as oranges.
- Even the most flavorless tomatoes will taste perfectly ripe.
- Bananas will have notes of passion fruit or pineapple.
- Hot sauce will have layers of pepper flavors—not just heat.
- Pineapple will taste like pure candy.

## MORE THAN 150 DELICIOUS RECIPES!



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## The Miracle Berry Diet Cookbook By Homaro Cantu Bibliography

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