



Life Coach - Discover Your Purpose: Do What You Love and Live a Purpose Driven Life [life coaching, life coach training, life coach guide] (life mentoring, success secrets, success principles)

By Dan Miller

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Life Coach - Discover Your Purpose

Do What You Love and Live a Purpose Driven Life

There is written rule that some people will succeed no matter how little they try and that others will fail irrespective of how hard they try. The truth is we all live in an existential framework where we are presented with opportunities to pursue our purpose. Despite the odds that are stacked against a considerable portion of humanity, a few people have successfully attained their goals. One interesting thing is that these people do not necessarily come from privileged backgrounds but they have one thing in common; they were able to seize the opportunities available, work hard and ultimately they became prosperous. They live purpose driven lives. When you look at the available data on the lives of successful people, you will find out that because of their determination, they have formed a solid support system and have a well researched and sophisticated toolkit that they use to confront challenges.

Determined people are not successful by default but rather they have trained themselves to always think and troubleshoot before undertaking projects and pursuing a certain cause. In their toolkit lie so many things, amongst them resourceful people and mentors, ways to cope with uncertainty and negativity, positive visualizations, goal setting techniques and alternative course of actions. With this determination, you cannot afford to scroll through life without a clear understanding of your inner potential, goals and personal strengths. To understand your purpose, you have to set aside time to think deeply about the things that make you happy when you do them. This is your path of passion and the moment you discover it, pursue it to the very end.

In your quest to live a purposeful life, you should zero in on the fundamental components that motivate you so that you do not spend your entire lifetime aimlessly on something is not in sync with your potential. It is disastrous to waste your time chasing after the wrong goals whether in life, career or business. Instead, you need to find some quality time and ask yourself some soul-searching questions. Find out whether you are currently happy in your life. What can you do to improve it? Take care of unfinished business and find things you are passionate about. Reflect on your life as often as possible and recalibrate things when necessary. It is not a must for you to attain adulthood in order to discover your life's purpose. Always take time to think about your existential choices whenever you can. It could be at home, when commuting to work, while camping or any other occasion.

Ensure that you get your dedication right. A wrong cause or inappropriate focus can seriously cost your life or even hurt you. Make the right decisions whenever you think about your life options and always know where to focus your energies. The power of negativity is real and as significant as that of positivity. Steer clear of anything negative and destroy ideas that are inclined towards negativity. Instead, be persistent and value based in your approach to life. Sometimes the light that you need to shine on your path is right within you. It is known as the instinct. Remember the words of Edgar Allan Poe, "If you run out of ideas, follow the road; you will get there."

Here is a preview of what you will learn...

- What is Purpose?
- Keys to Discovering Your Passion
- Setting Goals that Fuel Your Purpose
- Being Proactive
- Starting Out with the End in Mind
- Leveraging on Positive Visualizations
- Mastering the Science of Personal Management
- Overcoming Negativity and Fostering Resilience
- Leveraging on Coaching and Mentorship for Personal Development
- Living a Balanced Life

>>>And much, much more

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Editorial Review

About the Author

Actor and musician Dan John Miller is an award-winning audiobook narrator, having garnered multiple Audie Award nominations and one win, twice been named a Best Voice by "AudioFile" magazine, and received several "AudioFile" Golden Earphones Awards and a Listen-Up Award from "Publishers Weekly".

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