



Key Concepts in Health Psychology

By Ian Albery, Marcus Munafo

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Key Concepts in Health Psychology aims to provide the reader with a comprehensive understanding of the key issues, theories, models, and methods in contemporary health psychology. It allows the reader the opportunity to engage with a full range of approaches and methods in a very diverse field, and importantly to be able to appreciate the relationships between these.

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Review

'...the book serves as a 'one stop' comprehensive and conceptual analysis of key issues in contemporary health psychology...readers will find it easy to master the key concepts in a short time and this assists readers to further explore the advanced issues and problems in health psychology. All in all, Key Concepts in Health Psychology is an excellent health psychology textbook'

Simpson Wong

Psychology: Learning & Teaching

About the Author

Ian Albery Ian Albery is Reader in Psychology at London South Bank University, an Associate Fellow of the British Psychological Society and Chartered Health Psychologist. He has published widely in the general area of social cognition but has a particular interest in the development and maintenance of addictive behaviours and the operation of illusory cognitive biases. He is also an Associate Editor for The Psychologist - the British Psychological Society's monthly publication

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