



## Abnormal Psychology and Life: A Dimensional Approach (PSY 254 Behavior Problems and Personality)

By Christopher A. Kearney, Timothy J. Trull

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Chris Kearney and Tim Trull's *ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH* provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first and the disorder second. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior--rather than being either present or absent--exists in everyone to some degree on a continuum from normal to pathological. By highlighting this widely accepted dimensional view--which places the behavior of an individual at the forefront of clinical assessment, prevention, definition, and treatment--the text's goal is to encourage students to become intelligent consumers of mental health information. With its emphasis on assessment and treatment as well as prevention, the book gives students the tools necessary to understand the precursors of abnormal behavior, overcome the stigma associated with it, and identify the real people classified as exhibiting it.

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## **Editorial Review**

### Review

Ron Hallman, Emmanuel Bible College; I appreciate the perspective presented in the book. The author has presented the disorders as being on a line of continuum for mental health, this concept is excellent as it assists the student in understanding that it is not "I'm healthy; I'm sick"; but rather it is much more close between having a disorder and being considered normal. I think this is a very important fact and helps dispel the concept that abnormal psychology is only relevant to those who meet a certain DSM-IV criteria.

Carlos A. Escoto, Eastern Connecticut State University; A concise, direct text written in a conversational/personalized style which integrates aspects of abnormal psychology not covered by other texts such as risk and prevention, assessment and diagnosis. The text is written in a straight forward easy to grasp style that undergraduates should find easy to understand yet interesting.

### About the Author

Christopher A. Kearney is the Distinguished Professor of Psychology and Director of Clinical Training at the University of Nevada, Las Vegas. He is also Director of the UNLV Child School Refusal and Anxiety Disorders Clinic. Dr. Kearney's research interests include school refusal behavior, selective mutism, post-traumatic stress disorder in maltreated youth, perfectionism, and other anxiety-related conditions in children and adolescents as well as issues of quality of life in persons with severe handicaps. The author of several books and numerous book chapters and journal articles on these topics, Dr. Kearney also conducts workshops for school districts and mental health and other agencies regarding school refusal behavior and selective mutism. A Fellow of the American Psychological Association (Division 12; Clinical Psychology), he is a recipient of the William Morris Award for Scholarship, the Barrick Scholar Award, the Barrick Distinguished Scholar Award, the Harry Reid Silver State Research Award, the Distinguished Teaching Award, the Outstanding Graduate Faculty Award, and the Academic Advisor Award-Graduate from the University of Nevada, Las Vegas. Dr. Kearney received his B.A. in psychology and sociology from the State University of New York at Binghamton and his M.A. and Ph.D. in psychology from the State University of New York at Albany. He completed his internship at the University of Mississippi Medical Center before moving to Las Vegas.

Timothy J. Trull, Ph.D., is professor of psychological sciences at the University of Missouri. Dr. Trull received his Ph.D. from the University of Kentucky and completed his internship at New York Hospital Cornell Medical Center. His research interests are in the areas of diagnosis and classification of mental disorders; borderline personality disorder; substance use disorders; clinical assessment; professional issues in clinical psychology; and ambulatory assessment methods. Dr. Trull has received several awards and honors for his teaching and mentoring, including Psi Chi Professor of the Year, the Robert S. Daniels Junior Faculty Teaching Award, and most recently the MU Graduate Faculty Mentor Award. He enjoys teaching Abnormal Psychology and Introduction to Clinical Psychology; his textbook, *CLINICAL PSYCHOLOGY* (Wadsworth) is used in classes across the U.S. and internationally. A licensed psychologist, Dr. Trull continues to train future clinical psychologists in the assessment, prevention, and treatment of psychological disorders.

## **Users Review**

### **From reader reviews:**

**Margarito Rone:**

The book *Abnormal Psychology and Life: A Dimensional Approach* (PSY 254 Behavior Problems and Personality) will bring you to the new experience of reading a new book. The author style to clarify the idea is very unique. In the event you try to find new book you just read, this book very suited to you. The book *Abnormal Psychology and Life: A Dimensional Approach* (PSY 254 Behavior Problems and Personality) is much recommended to you to see. You can also get the e-book in the official web site, so you can quicker to read the book.

**Elsie Fiala:**

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**Karolyn Kaufman:**

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**Gregory Kile:**

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