



## Recetas Paleo: Pizza y Pastas: Recetas Fáciles y Rápidas para Preparar Deliciosas Pizzas y Pastas Paleo (Spanish Edition)

By Nicol Pardo

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Todas las recetas están claramente explicadas y son muy fáciles de preparar, incluso para quienes no tienen experiencia en la cocina paleo. Incluye fotos de alta calidad de cada una de las recetas.

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Una vez más Nicol Pardo demuestra que es posible comer alimentos ricos y abundantes y al mismo tiempo bajar de peso.

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