



## Leftovers: A novel about friendship, love and the power of pasta

By Stella Newman

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**Leftovers: A novel about friendship, love and the power of pasta** By Stella Newman

‘A brutally honest tale of life and love (or the lack of it) and an exploration of the heroine’s tremendous affection for food ... **Sharp and funny it’s a celebration of why life is more than just falling in love.**’ *Woman magazine*

According to a magazine, Susie is a ‘**Leftover**’ – a post Bridget-Jones 30 something who has neither her dream man, job, nor home. She doesn’t even own six matching dinner plates.

According to her friend Rebecca, Susie needs to get over her ex, Jake, start online dating – or at least stop being so rude to every guy who tries to chat her up.

But Susie’s got a plan. If she can just make it the 307 days till her promotion and bonus, she can finally quit and pursue her dream career in food, then surely everything else will fall into place. If only her love life wasn’t so complicated...

**A sharp, witty and refreshing novel about love, friendship and enjoying what's left on the table.**

‘I felt like Susie could be one of my friends and I was rooting for her to get the life she wanted. Like pasta, *Leftovers* is a true comfort. **A delicious read to enjoy with a glass of wine**’ *Novelicious.com*

‘**Witty and engaging.** Susie is a great contemporary heroine ... A funny and honest story’ *ChickLitClub.com*

‘A perfect slice of feel-good chick lit ... mouthwatering fun **you’ll want to devour immediately**’ *Fabulous magazine*

‘**Funny, feisty and fresh.** Susie is the type you want as a friend – especially when you know what culinary delights she can whip up ... an enjoyable, light read.’ *Manchester Evening News*

## Read what everyone is saying about Stella's UK Number One Bestseller *Pear Shaped*:

'What a fantastic book. **really quite brilliant...so well written, fresh, insightful, funny...honest and very contemporary.** There's so much that's fresh and fun, including the food world which I loved.' Henry Fitzherbert, *Sunday Express*

'With a wonderful lead character who is impossible not to like, a horrible boyfriend, witty dialogue and a vast quantity of delicious sweets and desserts, this book is for anyone who has loved and lost. A sharp, refreshing and occasionally sad story that tells beautifully, of the balance between love and insanity, it is **an honest tale of discovery and finally accepting who you are, cellulite marks and all.**' *www.handwrittengirl.com*

'If you are a girl with a passion for food, this **modern city heartbreak is the book for you.**' *Heat*

'Her writing is **witty and snappy and she is hilarious** ... I also found her fascinating on the methodology of contemporary dating.' Wendy Holden.

'Fall in love with Stella Newman's **quick wit and her clever portrayal of that delicate balance between food, love and insanity.**' Kathleen Baird-Murray

'It reminded me of a lemon meringue pie: **sharp and sweet and satisfying all at once. It's funny, sad and uplifting... It's a belter.**' Kate Long, bestselling author of *The Bad Mother's Handbook*

'**Achingly funny, searingly honest,** *Pear Shaped* is quite simply the freshest thing I've ever read. Take note of the name Stella Newman.' Claudia Carroll, bestselling author of *Me and You*

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#### **Leftovers: A novel about friendship, love and the power of pasta By Stella Newman Bibliography**

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### Editorial Review

#### Review

'A brutally honest tale of life and love (or the lack of it) and an exploration of the heroine's tremendous affection for food ... Sharp and funny it's a celebration of why life is more than just falling in love' (WOMAN magazine) 'A perfect slice of feel-good chick lit ... mouthwatering fun you'll want to devour immediately' (FABULOUS magazine) 'I felt like Susie could be one of my friends and I was rooting for her to get the life she wanted. Like pasta, LEFTOVERS is a true comfort. A delicious read to enjoy with a glass of wine' (Novelicious.com) 'Witty and engaging. Susie is a great contemporary heroine ... A funny and honest story' (ChickLitClub.com) 'You should read this novel ... I'm already waiting for Newman's next!' (NovelKicks.co.uk) 'Funny, feisty and fresh. Susie is the type you want as a friend - especially when you know what culinary delights she can whip up ... an enjoyable, light read.' (Manchester Evening News) Praise for Pearshaped: 'What a fantastic book. Really quite brilliant...so well written, fresh, insightful, funny...honest and very contemporary. There's so much that's fresh and fun, including the food world which I loved.' (Henry Fitzherbert, Sunday Express) 'If you are a girl with a passion for food, this modern city heartbreak is the book for you.' (Heat) 'Her writing is witty and snappy and she is hilarious... I also found her fascinating on the methodology of contemporary dating.' Wendy Holden. 'Fall in love with Stella Newman's quick wit and her clever portrayal of that delicate balance between food, love and insanity.' (Kathleen Baird-Murray) 'It reminded me of a lemon meringue pie: sharp and sweet and satisfying all at once. It's funny, sad and uplifting... It's a belter.' (Kate Long, bestselling author of The Bad Mother's Handbook) 'Achingly funny, searingly honest, Pear Shaped is quite simply the freshest thing I've ever read. Take note of the name Stella Newman.' (Claudia Carroll)

#### About the Author

Stella Newman is the author of Pear Shaped. She lives in London and is a freelance copywriter and keen amateur cook. She is currently writing her third novel. She blogs about restaurants, food and writing at [www.stellanewmansblog.blogspot.com](http://www.stellanewmansblog.blogspot.com) and [pastafriends.blogspot.co.uk](http://pastafriends.blogspot.co.uk)

### Users Review

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##### John Olive:

Spent a free time and energy to be fun activity to complete! A lot of people spent their sparetime with their

family, or their very own friends. Usually they carrying out activity like watching television, planning to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book could be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the e-book untitled Leftovers: A novel about friendship, love and the power of pasta can be very good book to read. May be it might be best activity to you.

### **Chris Holmes:**

Reading can called thoughts hangout, why? Because if you find yourself reading a book specifically book entitled Leftovers: A novel about friendship, love and the power of pasta your head will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely might be your mind friends. Imaging each word written in a publication then become one contact form conclusion and explanation which maybe you never get prior to. The Leftovers: A novel about friendship, love and the power of pasta giving you yet another experience more than blown away your mind but also giving you useful details for your better life within this era. So now let us explain to you the relaxing pattern here is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

### **Nancy Ochoa:**

Your reading sixth sense will not betray an individual, why because this Leftovers: A novel about friendship, love and the power of pasta book written by well-known writer who really knows well how to make book that may be understand by anyone who also read the book. Written in good manner for you, still dripping wet every ideas and publishing skill only for eliminate your own hunger then you still hesitation Leftovers: A novel about friendship, love and the power of pasta as good book not merely by the cover but also by content. This is one publication that can break don't evaluate book by its include, so do you still needing yet another sixth sense to pick this specific!? Oh come on your reading through sixth sense already alerted you so why you have to listening to yet another sixth sense.

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