



# Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery

By Milton S. Magness

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Genuine healing is available to women and men who seek to restore their integrity and live in continuous sexual sobriety. Through a thirty-day approach, Milton Magness, D. Min., prepares readers for long-term recovery with essential advice on how to cope with isolation, dishonesty, secrecy, and what to expect from therapy.

**Milton Magness, D. Min.**, is the founder and director of Hope & Freedom Counseling Services in Houston, Texas. He is a certified sex addiction therapist and a licensed professional counselor. Dr. Magness is the president of the board of directors of The Society for the Advancement of Sexual Health (SASH).

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### **Editorial Review**

#### About the Author

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Here thing why this *Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery* are different and dependable to be yours. First of all reading a book is good but it really depends in the content of the usb ports which is the content is as scrumptious as food or not. *Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery* giving you information deeper and different ways, you can find any guide out there but there is no publication that similar with *Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery*. It gives you thrill studying journey, its open up your own eyes about the thing that will happened in the world which is possibly can be happened around you. You can easily bring everywhere like in park, café, or even in your way home by train. When you are having difficulties in bringing the paper book maybe the form of *Thirty Days to Hope & Freedom from Sexual Addiction: The Essential Guide to Daily Recovery* in e-book can be your alternate.

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