



# Secrets, Tips, and Tricks of a Powerful Memory: The Memory Shock Oh-So-Easy How-to-Remember User's Guide for Your Brain

By Barry Reitman

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## Secrets, Tips, and Tricks of a Powerful Memory: The Memory Shock Oh-So-Easy How-to-Remember User's Guide for Your Brain By Barry Reitman

Learn the secrets to having an incredible memory. Give the simple lessons in this fast-paced, fun-filled, non-technical book twenty minutes a day and you will startle yourself with your ability to remember names & faces, important facts of all kinds, calendar dates, numbers, and where you put the car keys. Begin to use your new abilities from the first chapters, and use these skills in practical applications for a lifetime. You'll be better prepared for work, daily activities, public speaking, job interviews, and everything else you do.

Learn the tricks of the trade from Memory Shock founder Barry Reitman, with the same fun-to-learn material he teaches at the Continuing Education Departments of two community colleges of the State University of New York. He has also enjoyed excellent responses from groups including Long Island University's Graduate Campus for Education, Coldwell-Banker, First Investors, Florida's PAP Corps for Cancer Research, and trade associations around the country, as well as the New York City Police Department's Executive Training Unit. Twenty minutes of fun a day for three or four weeks will take to unimaginable levels. Many of the practice sessions are things you want to remember anyway, and most can be done while driving to work or school, mowing the lawn, or washing the dishes. These techniques are easily mastered and applied by youngsters and adults. For school, your job, or interviewing for your next job, feel the confidence that comes from being able to remember everything you want. Never again fear walking into a business function or party and meeting all new people. You'll speak to each by name throughout the day or night, and next week and next year!

*Available with additional introductory material and exercises as a 4-CD Audio Set here on Amazon. (Search "Secrets Tips Tricks Powerful Memory 4-Disc")*

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### **Editorial Review**

#### Review

"... uses simple tricks to remember almost everything, using some very basic and simple techniques, with instantaneous success. Barry Reitman's 'Secrets, Tips, and Tricks of a Powerful Memory,' whether in book or CD format, is the answer to the prayers of millions of adults who experience the frustration of trying to remember things that are important to them."

- Dr. Lynn Tepper, Gerontologist, Clinical Professor, Columbia University, New York, NY

#### About the Author

Memory Shock is Barry Reitman's proprietary system of training in memory techniques, including simple, new methods of teaching centuries-old techniques. He teaches the program at two community colleges of the State University of New York and has presented Memory Shock at a two-hour seminar for teachers and graduate students at Long Island University's Rockland Graduate Campus. He also teaches Memory Shock at the NYPD Police Academy. Following a career in the sale, design and production of electroformed diamond products, Barry was hired as a nuclear component machinist by the Electric Boat division of General Dynamics. Fast-tracked into nuclear installation management, he became the senior shift supervisor of reactor component installation. During his Electric Boat career he was given special clearance to go to sea as a civilian on the USS Ohio, the first Trident class submarine. In 1983, he founded Keystone Equipment Leasing, Inc. in Bergen County, New Jersey. Keystone Leasing was among the first to successfully market equipment financing on the internet, starting in 1994. Barry has worked with Federal and state law enforcement on numerous occasions, including three successful fraud prosecutions, and has lectured on fraud prevention to the leasing and credit industries. He credits the Memory Shock system with his winning an entry into the World Series of Poker Main Event in 2009.

### **Users Review**

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#### **Lee Rutledge:**

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