



Chicken and Rice: Fresh and Easy Southeast Asian Recipes From a London Kitchen

By Shu Han Lee

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Southeast Asian food is fresh, easy and full of unforgettable flavours: *Chicken and Rice* will show you just how simple it is to make at home.

Shu Han Lee moved to London from Singapore as a student. Homesick and hungry, she started teaching herself to cook the food she'd grown up with - Singaporean and Malaysian dishes, with a strong Chinese influence from her Hokkien Chinese mother. These recipes, from her mother's **sesame oil chicken to ox cheek and venison rendang**, are ones you will want to make time and time again.

There are perfect midweek suppers rustled up in less time than it takes to order a takeaway, and healthier and better tasting at that: **fennel and minced pork stir fry, fried hor fun noodles with kale and beansprouts** or **tom yum soup with mussels**. For weekends, there are more adventurous projects: learn how to make your own **steamed buns, egg noodles**, or **BBQ sambal lemon sole** - a whole fish barbequed on banana leaves.

Although these are Southeast Asian recipes, Shu's seasonal approach to the very best of UK produce is reflected throughout this book: from **Brussels sprouts with smashed garlic and oyster sauce** to **no-churn rhubarb and condensed milk ice cream**.

There are also recipes that Shu has picked up on her travels throughout Southeast Asia, such as **Vietnamese caramel pork ribs, Thai baked glass noodles with prawns and black pepper** and **Burmese chickpea tofu with fish sauce, lime and honey dressing**.

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