



Air Fryer Cookbook: Delicious Air Fryer Recipes Made Simple

By Peter David

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EAT YOUR FAVORITE FRIED FOODS WITH NO HEALTH RISK

Learn why this book is gaining popularity and discover how to enjoy fried foods without having to worry

What if I were to tell you that eating fries doesn't have to put your health at risk? What if I told the very same thing for some of your favorite fried foods that you're usually told not to eat? As outrageous as it sounds there is a way you can enjoy your favorite fried foods without adding the extra pounds and there's no other way than with the Airfryer. Since you've picked up this book I'm guessing that you probably have heard about it already so I'll just skip through some of the unnecessary talking and head straight into what this book will do for you.

Created for individuals like you who are looking for a healthier alternative this book will provide you with all the information that you need to know on Airfryers. From basic definitions to numerous must try recipes. But you get so much more than just that from this book. This book also highlights some of the best Airfryers on the market and equips you with the information that you need to purchase the right Airfryer that's best suited for you. What's the point in having delicious recipes if you haven't got the right Airfryer to match? If you're thinking of bettering your health then what better way to start than by eating healthier versions of your favorite meals?

Just take a look at what's inside

- Air Fryer Overview

- Air Fryer Breakfast Recipes
- Air Fryer Lunch and Dinner Recipes
- Air Fryer Desserts and Snacks Recipes
- What to consider When Buying an Air Fryer
- And Much, Much More

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